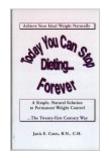
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Today You Can Stop Dieting.... Forever





Synopsis

Today You Can Stop Dieting.... Forever offers a simple, natural solution to permanent weight control.... the Twenty-first Century Way. This unique guide offers a way to achieve your ideal weight naturally. Lose unwanted weight beginning TODAY without deprivation, starvation, surgery, fad diets, calorie-counting, fat-gram counting, diet pills, grueling workouts. Learn to permanently control your weight without ever dieting again. Eat the foods you love while staying slim. Change your life in many other ways by controlling stress, improving self-image, and gaining control of your habits.

Book Information

Paperback: 128 pages Publisher: Reflection House Pub Co; 1 edition (September 1, 1998) Language: English ISBN-10: 0966251415 ISBN-13: 978-0966251418 Product Dimensions: 0.2 x 5.5 x 8.2 inches Shipping Weight: 5.6 ounces Average Customer Review: Be the first to review this item Best Sellers Rank: #9,097,299 in Books (See Top 100 in Books) #86 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets #3688 in Books > Health, Fitness & Dieting > Alternative Medicine > Holistic #22060 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Loss

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